



pARTICIPATE
in arts for wellness





StArt Art Gallery runs pARTicipate sessions for private groups. In an informal setting we encourage pARTicipants to ENGAGE with artworks through DOING. Offering a UNIQUE experience, these sessions are a fun and interesting way to approach WELLNESS, LEARNING and TEAM-BUILDING. These pARTicipate sessions can be hosted at a venue organised by StArt Art Gallery or on your personal or corporate premises.

pARTicipate with Pigments

This workshop uses canvas and natural pigments. pARTicipants rub natural pigments into canvas with their hands, brushes, and/or sponges. Masking tape is also used to make layered effects. This workshop is slightly messier but the natural pigments wash off clothes and hands with water and soap.





pARTicipate with Stencils



This is a stencil workshop using pre- designed or hand made stencils and fabric paint. Fabric paint does not wash out of fabric, but does wash off hands easily, so aprons will need to be worn to avoid messing on clothes.

pARTicipate with Pigments

This workshop focuses on the traditional use of **paint and canvas** and will involve guided instruction to paint a **still-life** created by StArt Art Gallery. Aprons will be required to avoid messing on clothes.



**StArt Art Gallery can offer these
services on one-off basis as
needed or on a retainer-basis.**

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Thank you for you time!